



The Premature Menopause Book:: When The "change Of Life" Comes Too Early

Kathryn Petras

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WHY NOW? WHY ME?

Today, millions of women in their twenties and thirties, many of whom are just beginning to plan a family, are receiving the shocking news that their reproductive years are already over. They are in premature menopause -- menopause years before its time. Whether due to an autoimmune disorder, surgery, chemotherapy, radiation, or the often undiagnosed condition known as Premature Ovarian Failure (POF), premature menopause is common, increasing -- and almost always traumatic.

If you are one of the women experiencing early menopause, you have hundreds of questions, but have probably found few answers...until now. The Premature Menopause Book is the first book focusing on this difficult transition -- written by a woman who faced the same questions: What can I do about it? Do I need hormones? How can I have a baby despite this condition? How can I feel like "me" again?

The Premature Menopause Book provides the latest information on health and emotional issues, explores all of your options, lists resources, websites and support groups, shares the experiences and advice of women going through this experience, answers frequently asked questions and offers the support and understanding you need.

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Anna Williams:

Spent a free the perfect time to be fun activity to accomplish! A lot of people spent their down time with their family, or their friends. Usually they doing activity like watching television, going to beach, or picnic inside park. They actually doing same every week. Do you feel it? Will you something different to fill your free time/ holiday? Might be reading a book can be option to fill your cost-free time/ holiday. The first thing that you'll ask may be what kinds of reserve that you should read. If you want to try out look for book, may be the reserve untitled The Premature Menopause Book:: When The "change Of Life" Comes Too Early can be excellent book to read. May be it may be best activity to you.

Amy Davis:

The Premature Menopause Book:: When The "change Of Life" Comes Too Early can be one of your beginning books that are good idea. Most of us recommend that straight away because this book has good vocabulary which could increase your knowledge in terminology, easy to understand, bit entertaining but delivering the information. The author giving his/her effort to set every word into pleasure arrangement in writing The Premature Menopause Book:: When The "change Of Life" Comes Too Early but doesn't forget the main stage, giving the reader the hottest in addition to based confirm resource details that maybe you can be one of it. This great information may drawn you into brand-new stage of crucial considering.

Megan Kelly:

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