



101 Positive Athletic Traditions: Building Positive Team Legacies

Bruce Eamon Brown

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Traditions help shape and reflect the character of a team—past, present, and future. Traditions refocus the coach and athlete. They give perspective, rekindle the spirit of the past, and remind the coach and player of what is important. Ultimately, traditions produce successful teams, great memories, lasting friendships, and help establish coaching legacies. This thoroughly enjoyable, idea-packed book by NAIA Champions of Character Special Presenter Bruce Brown offers over one hundred examples of positive athletic traditions, including: Traditions to welcome new team members, pre-season traditions, senior traditions, traditions for captains, pre-, post-, and last-game traditions. There are also traditions to involve the community and alumni, and traditions for equipment, facilities, and much more. A great resource for coaches and leaders of any sport or activity.

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