



Multicultural Games

Lorraine Barbarash

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Multicultural Games provides ideas and strategies that will help your students develop an awareness of and appreciation for other cultures while enjoying physical activity.

Featuring 75 games from 43 countries or cultures on 6 continents, this practical reference is an excellent source for building an interdisciplinary and multicultural curriculum. It can also help educators meet NASPE's national content standards for multicultural awareness at the elementary and middle school level.

All the games are presented in a standard, easy-to-use format that includes information about:

- where the game originated,
- the optimal number of participants,
- the appropriate age group,
- the gross motor rating,
- the competition level,
- the appropriate playing area,
- the type of equipment needed,
- how to play the game, and
- adaptations of the game.

The Game Finder at the end of the book lets you easily identify games that meet the criteria you want.

Each game has two special elements that help students discover other cultures and learn more about their own. "Did You Know?" provides a brief fact about some aspect of the culture and is designed to stimulate questions and discussion. "Culture Quest" suggests additional activities that encourage deeper investigation into a culture.

Plus, all the games, which have been successfully "kid-tested," use common gymnasium equipment and stress safety.

You'll appreciate *Multicultural Games* for its perfect blend of cultural awareness, physical activity, skill practice, and fun.

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