



# How Old Is Your Soul?: The Essential Guide to the Lessons, Gifts and Archetypes of Every Soul Age

*Alyssa Malehorn*

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## **How Old Is Your Soul?: The Essential Guide to the Lessons, Gifts and Archetypes of Every Soul Age**

Alyssa Malehorn

WHAT DOES IT MEAN TO BE AN OLD SOUL? How do we become one and why? In this revolutionary new work, spiritual teacher and psychic medium Alyssa Malehorn illuminates the divine framework and process behind the healing, growth and inevitable enlightenment of the human soul. These timeless truths provide clarity and support for those seeking to understand and develop mastery over their inner world and effectively ride the wave of soul progression.

Now available for the first time in print, these leading edge tools and techniques will help you rediscover your authentic soul self. Receive step-by-step guidance and divine transmissions of healing energy. Experience the transformational affirmations, mantras, mudras and guided meditations provided exclusively for readers of this book. All of these tools are specifically designed to address the issues that arise as we travel through the entire spectrum of soul ages.

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