



Becoming the Black Belt: One Man's Journey In Brazilian Jiu Jitsu (Warrior's Way) (Volume 2)

Roy Dean

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Black belt Roy Dean retraces the trials and tribulations he faced in learning the sophisticated art of Brazilian Jiu Jitsu. From early competition experiences in Southern California, to running a world class academy and sharing that journey online, the lessons he learned are the lessons he shares with you. A must read for martial arts professionals and serious students of the path.

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