



You Had It All Along: 5 Keys to Unlocking the Power of Confidence At Your Core

Sheila Kennedy

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Purchasing this book will not only contribute to your own confidence, but also for women struggling to overcome hardships, abuse and difficulties. A portion of the proceeds will be donated to organizations that contribute to the empowerment of women. You Had It All Along is the catalyst you have been waiting for to finally release the powerful confidence found deep in your core. Sheila Kennedy outlines five keys vital to unlocking an unshakable faith in yourself that will launch you into a life filled with contentment, meaning and success.

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