Rhythmic Training for Dancers

Robert Kaplan

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If you want to improve your students' ability to learn movement combinations, teach dance, and create choreography, then help them get in touch with the musicality in their movements with *Rhythmic Training for Dancers.*

Rhythmic Training for Dancers and its companion CD-ROM, *An Interactive Guide to Music for Dancers,* help dancers develop a better understanding of musical time and phrasing, which directly correspond with their dance activities. These materials provide an interdisciplinary approach that bridges the perceptual barrier between dancers and musicians by explaining concepts from both perspectives. Students will
-learn basic concepts of musical time as they apply to dance technique and choreography,

-become aware of how they intuitively use musical time in their dancing, and

-explore rhythmic theory from the musician's perspective. The book follows a step-by-step approach, introducing only a few concepts at a time so that students will comprehend the material. Special exercises are grouped within six categories of study designed to reveal the musicality inherent in movement and the kinetics of rhythm: aural skills, rhythm activities, vocal training, notation, dance technique class and pedagogy, and choreography.

The book also includes material that course instructors can use to incorporate vocal and body percussion exercises throughout the course. In these exercises, each student—whether a musician or nonmusician—becomes an active performer in a vocal and body percussion ensemble, exploring expressive soundscapes, aural textures, and rhythm. The exercises illustrate the concepts presented in the book. Plus, students can mix and match the exercises to create longer combinations or performance structures.

Additional student-friendly features include the following:
-Opening quotes from students highlight the concepts covered in each chapter.

-Relevant concepts, vocabulary, and symbols are listed at the beginning of each chapter.

-A running glossary appears in the margins throughout each chapter.

-"Apply Your Knowledge" headings tell readers what they will learn when they complete an exercise or activity.

-Assessment worksheets help readers test their knowledge.

-Rhythmic applications pose real-world problems to solve through movement.

-CD-ROM boxes throughout the text direct readers to specific sections of the accompanying CD-ROM for further learning and to enhance information in the textbook.

-Discussion questions at the end of parts I and II present actual students' questions, organized by topic. *Rhythmic Training for Dancers* isn't just theory—it's about how to apply the basic skills and principles of rhythmic musicianship to dance. This text and CD-ROM package will benefit any person who wants to gain a better understanding of the language of music, the kinetics of rhythm, and the poetics of sound.

Accompanying CD-ROM brings concepts to life
An Interactive Guide to Music for Dancers is a companion CD-ROM that makes it even easier for students to understand the concepts presented in *Rhythmic Training for Dancers.* Engaging and informative, the CD-ROM explores the multifaceted links between the worlds of music and movement. Students can listen to more than 300 audio samples and view 80 video clips that illustrate specific concepts presented in the book.

The CD-ROM is organized in three different sections:

-**A Dancer's View,** presents video samples of dance technique class combinations.

-**A Musician's View,** explores rhythm and meter through audio and video samples.

-**Practice,** presents three self-paced, interactive drills to help students recognize how to divide time by sound; how to convey rhythm, tempo, phrasing, and meter without using words; and how to create musical phrases vocally.
Throughout the program the user may click on highlighted words and INFO buttons that link to supplemental audio or visual information.

Minimum System Requirements

Interactive Guide to Music for Dancers can be installed on either a Windows®-based PC or Macintosh computer.

• 2x CD-ROM drive

• 256 colors

• VGA color monitor

• Sound card

• Speakers

• Mouse

Microsoft® Windows®

• Windows® 95/98

• Windows® NT 4.0

• Windows® 2000

• Windows® XP

• 486 or higher

• QuickTime 5.0

• At least 16 MB RAM with 32 recommended

• 32 MB RAM available

Macintosh®

• PowerMac® 7200 or better recommended

• System 8.x or 9.x

• If System 8.5 or higher is used anti-aliasing for fonts should be turned off. To do this:

>   • Click on the Apple in the upper left of the menu bar at the top of the screen.

>   • Select Control Panels, then select Appearance from the list.

>   • The Appearance window will open, select the fild tab that says "Fonts".
>   • At the botton of the Fonts file, make sure that the "Smooth all fonts on screen" option is NOT checked. (Click on it if it is checked.)
>   • Close the Appearance window by clicking on the square in the upper left corner of the window.

>   • Launch the CD.

• QuickTime 5.0

• 32 MB RAM available

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From reader reviews:

Jane Riley:

This book untitled Rhythmic Training for Dancers to be one of several books which best seller in this year, that's because when you read this publication you can get a lot of benefit upon it. You will easily to buy this particular book in the book shop or you can order it by way of online. The publisher with this book sells the e-book too. It makes you more easily to read this book, because you can read this book in your Cell phone. So there is no reason to your account to past this reserve from your list.

Barbara Harp:

The particular book Rhythmic Training for Dancers will bring that you the new experience of reading a book. The author style to explain the idea is very unique. In case you try to find new book to study, this book very ideal to you. The book Rhythmic Training for Dancers is much recommended to you to learn. You can also get the e-book through the official web site, so you can more readily to read the book.

Bobby Miller:

In this time globalization it is important to someone to get information. The information will make a professional understand the condition of the world. The fitness of the world makes the information simpler to share. You can find a lot of personal references to get information example: internet, newspaper, book, and soon. You will observe that now, a lot of publisher this print many kinds of book. The book that recommended for you is Rhythmic Training for Dancers this guide consist a lot of the information of the condition of this world now. That book was represented how does the world has grown up. The dialect styles that writer use for explain it is easy to understand. Typically the writer made some study when he makes this book. Honestly, that is why this book acceptable all of you.

Jonathan Ownby:

What is your hobby? Have you heard that question when you got college students? We believe that that query was given by teacher to their students. Many kinds of hobby, Everybody has different hobby. So you know that little person like reading or as reading through become their hobby. You need to know that reading is very important and book as to be the matter. Book is important thing to add you knowledge, except your teacher or lecturer. You will find good news or update concerning something by book. A substantial number of sorts of books that can you go onto be your object. One of them is this Rhythmic Training for Dancers.

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