



Living the Dream: the Four Pillars to Life Mastery

Peter Wallin

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In his first book, *In Pursuit of Business*, Peter Wallin's goal was to help people grow their business. In this, his second, Wallin's goal is to help people grow their lives by sharing his personal story about learning to live a balanced life between family, career, and social or community responsibilities. *Living the Dream* is broken into the four pillars of what Wallin calls Life Mastery living, giving, sharing, and caring. But before readers get too far into it, Wallin, an experienced and successful motivational speaker, begins with a Life Balance quiz to help them assess their current situation and learn how to improve their lives. Wallin encourages people to build on their strengths and focus energy where they feel they need improvement. And sometimes the specifics may seem paradoxical. If you are unhappy with your job, Wallin encourages finding ways to be the absolute best you can be at it. Not connecting well with your family? Wallin teaches living in the moment paying attention by being where you are when you re there. The author initially wrote this book for his teenage children so that they could get to know him better. And there were important ideas he wanted to share with them like how to manage their finances, how to deal with difficult people, and the importance of giving back through volunteer and charity work, Gradually, Wallin began to feel that his roadmap to Life Mastery could benefit everyone. I didn't write the book to brag about myself and my accomplishments. I wrote it to share the wisdom I have learned by keeping the truly important things in life in the proper order.

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