



## The 15-minute Gourmet: Chicken

*Paulette Mitchell*

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## **The 15-minute Gourmet: Chicken** Paulette Mitchell

From the author of the popular 15-Minute Gourmet series, here are more than 100 fabulous chicken dishes—delicious, nutritious, and ready in a flash! Attention chicken-lovers! As you know, chicken can be enjoyed in so many ways—sautéed, stir-fried, and grilled; in sandwiches, soups, and salads—and it's on the table fast. In *The 15-Minute Gourmet: Chicken*, author Paulette Mitchell shares her no-fail recipes for tasty chicken dishes that are impressive enough to wow guests, yet hearty enough to satisfy a hungry family. So, forget fast food places and toss those take-out menus! You can have great food on the table in 15 minutes with this terrific cookbook geared to help busy people eat well. special features for 15-minute success:

- Tips on how to choose, prepare, cook, and store recipe ingredients
- Recipe variations and advance preparation ideas
- Nutrition information for every recipe

some of the great recipes: Chicken Fajitas Mediterranean Chicken with Penne Chicken Kabobs with Tomato-Soy Marinade (on cover) Tex-Mex Chicken Salad with Southwestern Vinaigrette Visit us online at [www.idgbooks.com](http://www.idgbooks.com)

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