

I Can't Draw a Straight Line: Bringing Art Into the Lives of Older Adults

Shirley K. Hubalek

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Whether or not you can draw a straight line, you can direct engaging art activities for older adults in various settings using this all-in-one text. Here are complete lesson plans to help group participants quickly grasp art concepts so they can better enjoy the process of making art. Activity planners for senior centers, adult day service centers, and long-term care settings can select from a wealth of art activities designed specifically for older adults. Projects include adaptive procedures that promote the intellectual comprehension and physical accomplishment of activities for participants who have physical/mental losses or dementia that prevent them from learning with traditional methods. From flags to flowers and still lifes to landscapes, the sets of activities in three complete art programs build on each other to introduce essential art principles, including how to use line, color, shape, and pattern; how to recognize and create perspective and space; how to use these principles to create complete still lifes and landscapes; how to work in watercolors, oil pastels, and mixed media; and how to enjoy making art regardless of the outcome!



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