



# The Attachment Therapy Companion: Key Practices for Treating Children & Families

*Arthur Becker-Weidman, Lois A. Pessolano Ehrmann, Denise LeBow*

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An all-in-one professional practice guide.

Here in a single accessible guide, is a comprehensive go-to resource on the foundational principles and treatment guidelines for doing attachment therapy. Based on the work of the Association for Treatment and Training in the Attachment of Children (ATTACH), a leading organization on attachment in child development, it provides all the nuts and bolts a clinician needs to be familiar with to provide effective, informed, attachment-focused treatment to children and families.

- A synopsis of attachment theory and styles
- Core principles of attachment-focused therapy (synchrony, attunement, reciprocity, repair, regulation, and more)
- Core concepts of trauma and trauma-focused therapy (resistance, therapeutic, and building a coherent narrative)
- Intake and assessment methods
- Differential diagnosis
- Best practice standards and interventions
- PTSD and other comorbidities
- Treatment planning and behavior management
- Vicarious trauma

Complex trauma and developmental trauma disorder are also covered in depth, as well as up-to-date information on how brain science has changed our understanding of relationships and developmental functioning, and, in turn, phases of treatment and intervention options.

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