



# My Petite Kitchen Cookbook: Simple Wholefood Recipes

*Eleanor Ozich*

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**My Petite Kitchen Cookbook: Simple Wholefood Recipes** Eleanor Ozich

**A complete menu of more than 100 simple, wholefood, gluten-free recipes that feed body and soul**

Eleanor created these recipes for her family as a means of trying (successfully) to cure her four-year-old daughter's severe eczema. Replacing sugar and grains with natural, unprocessed alternatives, Eleanor's recipes show how easy it is to prepare healthy food that is bursting with flavor and goodness. From Apple and Sage Pork Cassoulet to Decadent Raspberry and Coconut Torte, this book covers breakfasts, lunches, drinks, dinners, and desserts—and everything in between. Includes dual measures.

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