



Growing Old Disgracefully: How to Upset and Perplex Your Children with Increasingly Erratic and Unreasonable Behavior

Rohan Candappa

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Where's the fun in growing old gracefully? Humorist Rohan Candappa believes it's "far better to put your name down for a course of bad behavior, irresponsibility, and questionable fashion choices. And anything that winds your kids up must be worth having a crack at." Embarrassing and exasperating your kids doesn't have to stop when they become adults and move out of the house. Rohan points out that "If life begins at forty, then a sixty-year-old is not yet twenty-one. And think how much mayhem still lay ahead of you at that age. Act accordingly." Growing Old Disgracefully offers hundreds of pointers for making your sunset years seem like the dawn of your existence. Here are just a few: * Advice on dressing well: Lycra is always a good bet. Fluorescent Lycra, ideally. * Looking younger: Forget dieting, exercise, and plastic surgery. Instead, tell people you're fifteen years older than you are. * Confusing young 'uns: On a crowded bus or train, offer your seat to someone obviously much younger than you. * The best anti-aging cream: Ice cream! What other food makes you feel like you're eight years old again? * Making grandchildren your allies: Buy them presents that their parents have (sensibly) refused to buy them. Growing Old Disgracefully serves up plenty of irreverent fun for everyone (except your children).

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