



# Haunting Self Help Guidebook

*Kenneth G. Deel*

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## **Haunting Self Help Guidebook** Kenneth G. Deel

When it comes to the supernatural realms of '*ghosts*' and '*demons*', there is a glut of misinformation on the airwaves and in the mainstream. With all the television shows, movies, radio and other sources of media, it can all be very confusing. Although these '*Ghost hunter*' and '*Demon chasing*' shows may make ample fodder for armchair adventurers, these 'TV methods' are not practical for any serious application for a real and effective 'Haunting help'. Let's face it, 'hype' sells movies and TV and it keeps people coming back more and more to become even more perplexed as to what is really 'fact' or 'fiction'. **Thus, the need for this book...** Have you been concerned about certain odors in your house that don't seem to have an obvious origin? Do you come in a room and drawers are open or things are moved and you are certain you didn't move these items? Are you having nightmares and losing sleep and waking up every night near the same time? This book addresses 'solutions' from the more simple 'hauntings', 'infestation' all the way to 'oppression' and prevention measures. The topics covered here are presented in a non-apologetic, 'no-nonsense' manner. The authors use ancient, time tested methods that have a rich case history of success, no matter what 'belief system' you are. That is; if you follow the directions explicitly with no interruptions you will achieve relief from a situation or circumstance with often guaranteed success.

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