



Glutenless Maximus

Heidi Likins

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Glutenless Maximus is a gluten free cookbook with over 300 delicious recipes, including twenty-three weeks' worth of tasty main dish options and many that can be prepared in thirty minutes or less. Almost half of the book is dedicated to irresistible gluten free baked goods. Inside you will also find instructions on how to convert our favorite recipes to gluten free and carbohydrate counts for diabetics. Glutenless Maximus makes gluten free cooking easy, and is a great place to start!

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