



Adult Coloring Journal: Survivors of Incest Anonymous (Butterfly Illustrations, Nautical Floral)

Courtney Wegner

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Clinical Therapist, Courtney Wegner has carefully selected the illustrations and 12 Steps prompts in this interactive adult coloring journal for their meditative power to enhance the recovery of anyone engaged in a 12 Step program and to aid in their journey of self-discovery and an addiction free path to happiness. The 12 Step prompts contained here are an excellent tool and aid for anyone taking the 12 Steps. Features include:

- 80 lightly-lined writing pages provide plenty room to capture your thoughts
- 40 expression pages for jotting down personal reflections, quotes, poems or sketches
- 40 professionally illustrated adult coloring images of varying difficulty
- High quality 70# paper

Each topic is available in different coloring image themes and a wide array of beautiful covers.

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William Hoover:

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Debra Davis:

A lot of people always spent their free time to vacation or even go to the outside with them household or their friend. Do you realize? Many a lot of people spent that they free time just watching TV, or playing video games all day long. If you would like try to find a new activity this is look different you can read the book. It is really fun for you. If you enjoy the book that you read you can spent all day long to reading a guide. The book Adult Coloring Journal: Survivors of Incest Anonymous (Butterfly Illustrations, Nautical Floral) it is extremely good to read. There are a lot of individuals who recommended this book. These folks were enjoying reading this book. In case you did not have enough space to create this book you can buy the actual e-book. You can m0ore very easily to read this book through your smart phone. The price is not too expensive but this book possesses high quality.

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