



## Roots in the air: My crazy bipolar love story

*Alexander Krebs*

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...“I was looking for roots and it was not that difficult to find them. They were everywhere. At first I called them “my life”, then I called them “my stories”, and little by little I downgraded them to the status of “tales” until they reached the degree of “jokes” that I told just to get more attention, because the truth is that when I told those stories I couldn’t even fake my sad face anymore. I was just repeating as a parrot. I was nothing but a clown with a painted smile on my face in order to hide my apathetic countenance. Lucía had a great disadvantage with me, for I was already a broken man when she met me. I fed from my own pain since it was the only thing I knew; it was familiar to me; it was what I understood. When the divorce arrived, I said, “I knew it; it was the most logical thing to happen. Although I always wanted to be different from my father, each day I was more like him, and now I was a divorcee as well. What a rag of a man I turned out to be! Sometimes I wonder if I was looking for roots or if I was creating them; if I was trying to find reasons or inventing excuses; if the stories were real or if I made up the tales to have story...” ...“We should not settle for “just fine”, we should all be expecting Amazing, Extraordinary, Remarkable, Astonishing, Surprising and Inspirational. I never settled for another woman, because she was my wonderful and marvelous miracle.” First, I thank the moment you are taking to read the words that with all my being I gave life to for your wondering eyes. In this work, I narrate the most important chain of events of what has been my life so far, or at least all what I can remember. In the same way, I consider this story, an emotional and passionate journey that goes from my mother’s womb to the present, sailing through the seas of my memories and selecting as they present themselves, these crucial moments and beyond, in territories of peace and war; my adventures, my dreams, my clumsiness, my bliss, and misfortunes. In this way, without more preambles, I present to you something more than a simple story: My life.

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