



# Dante's Path: Vulnerability and the Spiritual Journey

Bonney Gulino Schaub RN MS

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Dante's Path guides you along the steps of the classic Western spiritual journey. Oprah's "O Magazine" called the first edition (2003) of Dante's Path "divine therapy," and letters came in from clergy, counselors, nurses, executives, teachers, soldiers, and seekers of many backgrounds telling how Dante's Path helped them to increase their conscious contact with their innate spiritual nature. This new second edition is filled with specific steps, methods, detailed explanations and images so that you can go on the classic spiritual journey for yourself. First described by the Florentine mystical poet Dante in 1307 in the masterpiece "The Divine Comedy," this path has been studied for centuries by people around the globe. The most famous part of "The Divine Comedy" is the Inferno (the worst aspect of human nature), but Dante's true intention was to teach about the practices of freeing ourselves from suffering (purgatory) and experiencing illuminations and higher consciousness (paradise). Six hundred years later, the visionary Florentine psychiatrist, Roberto Assagioli, MD, integrated Dante's insights into a school of self development, psychosynthesis, so that people could make these important discoveries for themselves. Looking for a psychology that respected spirituality, the authors studied Assagioli, which led to their own immersion into Dante and the city of Florence itself. The authors call the discoveries along Dante's Path "transpersonal" (meaning "beyond the personality") and advocate that each person without exception can develop their natural transpersonal intelligence. They have gone on to teach Assagioli's work and transpersonal intelligence internationally for over 35 years and now train health professionals to be transpersonal teachers for their patients, clients, and students. Dante's Path is for any seeker who wants a realistic, pragmatic approach to increasing peace and wisdom in their daily life.



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