



My Invisible Cosmic Zebra Has Diabetes-Now What?

Jessie Riley

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If you've ever felt overwhelmed or clueless about how to navigate through life after being diagnosed with diabetes, an invisible illness, "My Invisible Cosmic Zebra Has Diabetes--Now What?" is for you. The creative "how to" workbook aims to make invisibility no longer a disability for those managing an invisible illness.

Written from a non-medical perspective, patients ages teen through young adult and caregivers/parents of tweens ages 6-12 can use the 100-page workbook as a resource tool for understanding the myriad of funny-but-not-so-funny non-medical challenges they might encounter after diagnosis. The workbook is full of concrete and practical advice, thought-provoking ideas, coloring pages, and lots of lovable cosmic creatures who give comforting advice--all with the aim of bringing HOPE and HUMOR into the lives of those living with an invisible illness.

The Invisible Cosmic Zebra Collection can be found online at invisible illnessbooks.com.



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Spent a free time to be fun activity to do! A lot of people spent their sparetime with their family, or their particular friends. Usually they carrying out activity like watching television, going to beach, or picnic inside the park. They actually doing ditto every week. Do you feel it? Will you something different to fill your current free time/ holiday? Could be reading a book may be option to fill your totally free time/ holiday. The first thing you ask may be what kinds of e-book that you should read. If you want to test look for book, may be the book untitled My Invisible Cosmic Zebra Has Diabetes-Now What? can be fine book to read. May be it might be best activity to you.

Rosa Felton:

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