

My Heart

Julie Manning

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What if you were told there's a possibility you would not be alive to see this afternoon or wake up tomorrow morning? Do you think you would live differently? How would this reality affect every single moment of the life you have been given?

Julie Manning was in the middle of giving birth to her second child when doctors noticed an irregularity in her heartbeat. Within six weeks, tests revealed it was no one-time occurrence. This ultra-capable mom, wife, marathon runner, and pediatric nurse practitioner was in active heart failure, finding herself at risk for experiencing a sudden cardiac death.

My Heart is the first-person account of Julie's journey from then to now—from a healthy woman's normal expectations and self-reliance to the surrendering of her dreams, plans, and deepest desires into the hands of our unchanging God. Part retelling and reflection, part in-the moment prayer journal, her story takes you with honest vulnerability into the jaws of fear and suffering, and speaks realistic hope into your own story, leaving you with well-fought, well-placed confidence for the road ahead. It's what her heart would like to say to you . . . about the faithful, loving, impeccably trustworthy heart of God.



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Vance Malik:

The feeling that you get from My Heart is the more deep you digging the information that hide into the words the more you get interested in reading it. It does not mean that this book is hard to be aware of but My Heart giving you enjoyment feeling of reading. The article writer conveys their point in certain way that can be understood by anyone who read the idea because the author of this e-book is well-known enough. This kind of book also makes your own vocabulary increase well. That makes it easy to understand then can go together with you, both in printed or e-book style are available. We recommend you for having this kind of My Heart instantly.

Brenda Gregg:

Playing with family in the park, coming to see the ocean world or hanging out with good friends is thing that usually you may have done when you have spare time, subsequently why you don't try point that really opposite from that. One particular activity that make you not sensation tired but still relaxing, trilling like on roller coaster you already been ride on and with addition details. Even you love My Heart, you may enjoy both. It is good combination right, you still need to miss it? What kind of hangout type is it? Oh can occur its mind hangout people. What? Still don't understand it, oh come on its known as reading friends.

Willie Wilson:

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Carolyn Scott:

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