



Praxis II Health and Physical Education: Content Knowledge (5856) Exam Flashcard Study System: Praxis II Test Practice Questions & Review for the Praxis II: Subject Assessments (Cards)

Praxis II Exam Secrets Test Prep Team

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- Diets
- Exercise
- Psychological health
- Self-care
- Good health care
- Alcoholism
- Basic first-aid

The Family Living and Sex Education section includes:

- Diversity
- Sexuality
- Intercourse
- Psychosocial development
- Communicating emotions
- Marriage
- Parenting
- Aggression

The Community Health/Diseases and Disorders section includes:

- Aging
- Death
- Medical assistance
- Health insurance
- Infections
- Common illnesses

- Cancer
- Types of therapy

The Fundamental Movements, Motor Development, and Motor Learning section includes:

- Manipulative movements
- Locomotor movements
- Nonlocomotor movements
- Planes of movement
- Body movements
- Motor control
- Theories of motor control
- Motor performance

The Fitness and Exercise Science section includes:

- Flexibility
- Cardiovascular fitness
- Exercising muscles
- Muscle strength
- Speed training
- Muscle groups
- Types of joints
- Biomechanics

...and much more! We believe in delivering lots of value for your money, so the ***Praxis II Health and Physical Education: Content Knowledge (0856) Exam Flashcard Study System*** is packed with the critical information you'll need to master in order to ace the Praxis II exam. Study after study has shown that spaced repetition is the most effective form of learning, and nothing beats flashcards when it comes to making repetitive learning fun and fast. ***Praxis II Health and Physical Education: Content Knowledge (0856) Exam Flashcard Study System*** uses repetitive methods of study to teach you how to break apart and quickly solve difficult test questions on the test. Our flashcards enable you to study small, digestible bits of information that are easy to learn and give you exposure to the different question types and concepts. With our flashcards, you'll be able to study anywhere, whenever you have a few free minutes of time. Our company has helped thousands of people achieve their education goals. ***Praxis II Health and Physical Education: Content Knowledge (0856) Exam Flashcard Study System*** can help you get the results you deserve.

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