



# Nonprescription Drugs: for the Breastfeeding Mother

*Frank J. Nice*

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## **Nonprescription Drugs: for the Breastfeeding Mother** Frank J. Nice

In its second edition, this book is a must for all breastfeeding mothers and healthcare providers who work with them. Nonprescription medications are the most commonly used drugs by breastfeeding mothers. Inside, you will find easy guidelines for making safe decisions about OTC medications, herbals, and dietary supplements. Each table gives the user qualified “yes” or “no” answers, along with Hale’s Lactation Risk Categories, with clear recommendations for breastfeeding. From acne medications to zinc tablets, this newly revised guide now covers 1700 products available to women today. It’s never been easier to get answers regarding the safety of nonprescription medications. Be sure before you cure. • All tables revised, updated, and expanded. • Addition of “Common Dietary Supplements” section. • New “Breastfeeding and Medications” websites table. • Still the perfect companion to Thomas Hale’s Medications and Mothers’ Milk.

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