The Easy Guide to Repertory Grids

Devi Jankowicz

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A user-friendly introduction to the powerful mental mapping tool of repertory grid technique. Repertory grid technique is a system for identifying, in detail, what you or anyone else really thinks about an issue. You can use it as a tool for personal discovery, as a device for team building activities, or as a problem-solving aid.

Written as a DIY guide, with a friendly expert sitting beside you, this book will teach you the technique of repertory grids step by step. Here you'll find all the information you need, alongside lots of worked examples and helpful exercises that you can use to check your understanding. The answers are in the back! If you want additional practice and resources a website that supports this book can be found at www.wiley.co.uk/easyguide

Professor Devi Jankowicz is one of the leading authorities on occupational applications of personal construct theory and repertory grid technique. He has written this guide for psychology students and researchers; education students; personnel practitioners; as well as managers in the workplace.

"This book's title may seem a contradiction in terms to readers who have seen the repertory grid as dauntingly complex. However, the book lives up to its title in being a very user-friendly introduction to the technique, written in a chatty style, and including numerous practical exercises, mostly not requiring use of computer software." - David Winter University of Hertfordshire and Barnet, Enfield and Haringey Mental Health NHS Trust

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