



## Psychiatric Nursing Care Plans, 3e

*Katherine M. Fortinash MSN APRN BC PMHCNS, Patricia A. Holoday Worret MSN APRN BC PMHCNS*

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PSYCHIATRIC NURSING CARE PLANS presents 48 consistent, comprehensive care plans to assist students and practitioners in providing effective psychiatric nursing care. It showcases nursing interventions, comprising the management and treatment approach to an identified health problem, to achieve nursing outcomes and prevent or reduce problems. With a blend of theoretical and practical aspects, the book helps readers apply their knowledge to clinical experience. It's recognized for its excellent organization, format, and presentation, consistent use of nursing process, and the correlation of nursing and medical diagnoses. The third edition builds on the success of the first two editions, with new clinical pathways and content on grief and loss, crisis, and spirituality, to help make the book even more appropriate for today's managed care environment.

\* Incorporates the ANA six-step nursing process format throughout to emphasize a practice-oriented, problem-solving approach to psychiatric care. \* Includes 48 care plans for disorders such as sexual dysfunction, dissociative identity disorder, and posttraumatic stress syndrome. \* Offers the reader: The NANDA diagnosis and taxonomy; factors related to the disorder; defining characteristics with detailed scenarios; desired end state goals; and step-by-step nursing interventions with realistic case examples. \* Presents therapeutic and non-therapeutic dialogue examples for more effective client communication. \* Includes specific, relevant, and practical nursing interventions with rationales. \* Provides outcome/evaluation criteria for each disorder giving the reader clear indications of the desired end state. \* Contains complete chapters on eating disorders and adjustment disorders, with updated, in-depth information about each of these conditions. \* Includes helpful appendices, containing information and strategies (e.g., a medication section, growth and development stages, psychosocial therapies) that are timely and useful in the care of clients with mental and emotional disorders.

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