



Zov: Recipes and Memories from the Heart

Zov Karamardian

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A collection of over 100 recipes, which blends contemporary Mediterranean and Middle Eastern cuisines and cultures, was inspired by favorite family recipes Zov's extensive world travel, and the people with whom Zov has had the pleasure of eating and cooking. This 268 page book is an informative and easy to use cookbook. It includes cooking techniques, pantry ingredients, and full photographs of each recipe. Foreword by Dean Koontz.

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