



# **The Wedding Checklist: Free yourself from wedding stress - and plan your entire wedding - in less than one week**

*Tenille Gregory*

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**Learn the secrets to planning a stress-free wedding.**

One of the most joyous days of your life has the potential to be one of the most stressful - but only if you let it! Much of the stress of wedding planning comes from a lack of time, lack of organisation and too many options to choose from. Between these pages you'll find ideas and inspiration to help you plan your wedding exactly as you always imagined - minus the anxiety of feeling overwhelmed by it all.

The average wedding takes over 200 hours to plan and this doesn't even include the time it takes to actually complete all of the tasks, activities, errands and projects. But in just a few hours a day, you'll learn how to:

- Set a practical budget - and plan your dream wedding within that budget
- Select the perfect wedding ring
- Reduce your guest list
- Quickly narrow down what dress style works for you and your bridesmaids
- Plan a honeymoon in just a couple of days
- Make every decision for your wedding

Unlike other wedding planning books, this one is designed for brides (and their grooms) who want to get down to the business of planning their wedding without having to wade through the fluff. You won't waste precious time researching every little detail - it is all written here for you. This book acts as your wedding blueprint by breaking down every task into manageable steps. It provides loads of suggestions that allow you to personalise your big day at every step and plan a completely unique wedding. It also shows you how (and when) to look to professionals for advice and suggestions in their field of expertise. Each page is packed with ideas, inspiration and tips all within easy-to-read checklists.

- 15 simple ways to stretch your wedding budget
- 50 wedding themes
- 18-step guide to your ceremony
- Tips for pregnant brides and bridesmaids
- Hundreds of nontraditional twists to make your wedding unique
- 50 things that can go wrong on your wedding day

An essential handbook for couples who want to enjoy their engagement - not spend the entire time planning their wedding.

**Smart brides have one thing in common - a good checklist!**

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#### **Helene Anderson:**

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