



The Funny Side of Living with ADHD

Ellen Nickells

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This book is a brutally honest account of a family who have been there, got the ADHD t-shirt and lived through it. Ellen Nickells was a high powered business woman working for one of Britain's top retailers. She had travelled the world and her job was her life. It left little time for herself or others around her. When Ellen decided to start a family the concept of giving up her job to be a full time mum was not on her radar. Everything seemed perfect until Bart, her youngest son started to move and speak. It soon became clear that she and her husband Rob had got far more than they bargained for. He left a trail of devastation in his wake and his behaviour could be so unpredictable and outrageous that his parents thought he would be kicked out of mainstream education before he reached senior school. Bart had troubled written all over him and he did not fit the system. He was diagnosed with ADHD when he was 7 years old. Bart is now 19 and is training to be a commercial airline pilot. No one would have thought he could have achieved this and friends stare in open disbelief when they hear that that is what he is now doing. The transformation is a testament to the notion of never giving up.

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