



# Seating and Mobility for Persons With Physical Disabilities

*Elaine Trefler, Douglas A. Hobson, Susan Johnson Taylor, Lynn C. Monahan, C. Greg Shaw*

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The right equipment for seating and mobility needs can enhance the health, independence, and comfort of people who use wheelchairs. *Seating and Mobility for Persons with Physical Disabilities* is an invaluable guide to evaluating the needs of these wheel chair-bound individuals. For years, the staff of the Rehabilitation Engineering Program at the University of Tennessee at Memphis has conducted workshops for professionals worldwide. Much of the book's material evolved from the lectures and handouts prepared for these courses. With each workshop and seminar, it became evident that many professionals need training in the basics-that the technology is available, but the question is, how should clients be evaluated and helped to decide the most appropriate technology for them? The content of this 300-page manual is geared toward helping clinicians develop the skills to be good evaluators and problem-solvers for their clients who require seating and mobility technology. The book reflects the collective experiences and opinions of the five authors-Elaine Trefler, M.Ed., OTR, FAOTA; Douglas A. Hobson, Ph.D.; Susan Johnson Taylor, B.S., OTR/L; Lynn C. Monahan, M.P.A., OTR; and C. Greg Shaw, M.Sc. Based on their extensive clinical experience and research findings, this text covers:

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Disability-specific guidelines for fitting and prescribing equipment

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The broad range of technology currently available

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How to determine the type of mobility device(s) a person needs

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The biomechanics of movement, pressure management, position, and stability

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RESNA's Standardization of Terminology and Descriptive Methods for Specialized Seating and Mobility for Persons with Physical Disabilities can help therapists provide the right equipment for their clients.

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