



365 Plan A Nightly Meditations

Klay S. Williams

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Drawing principles from his book, *There Is Only Plan A - A Journey Towards Self-Discovery and Renewed Purpose*, author Klay S. Williams has created a unique packaging of 365 nightly meditations, that invites intuitive and spiritual thought, with exclusive guidance and calls to action for applying learned considerations. For centuries, the power of meditation has created space to usher in new beginnings, while precluding daily negative thought and pathologies that causes our lives to remain inactive.

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