



The Quick and Dirty NFL Football Handicapping Method

Ken Osterman

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The purpose of this book is to explain a fundamental approach to making a profit betting on professional football games, especially for those with little time to handicap them. This method will help you find an overlay in the point spread using the simplest and quickest method possible. The Quick and Dirty NFL Football Handicapping Method teaches you how to create your own point spread for each game in the NFL. The results using The Quick and Dirty NFL Football Handicapping Method for the 2015 season showed a flat bet profit over five percent. Although this may seem low to many people, this was for a method that was simple and completely mechanical. No subjective analysis was involved. As I have stated in my book, this is a strong foundation to build upon. Table of Contents Introduction An important first step in becoming a winning bettor The basis of the Quick and Dirty NFL Method How to create your own point spread NFL 2013 season Week 7 - Miami Dolphins at Buffalo Bills NFL 2013 season Week 9 - Tampa Bay Buccaneers at Seattle Seahawks NFL 2013 season Week 15 - Baltimore Ravens at Detroit Lions Money Management Improving this method Mistakes to Avoid Conclusion

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