



Le bilan musculaire de Daniels et Worthingham: Techniques de testing manuel (French Edition)

Jacqueline Montgomery, Dale Avers, Marybeth Brown, Helen Hislop

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Cet ouvrage de référence en kinésithérapie permet une compréhension et un apprentissage facile des **techniques d'évaluation** et des **procédures standard** permettant de mesurer la force musculaire et de quantifier les capacités fonctionnelles des patients.

Les **illustrations, claires et colorées**, fournissent un guide sûr pour la position des patients, du thérapeute, la direction du mouvement et de la résistance.

En plus de l'**évaluation manuelle des muscles des sujets** en voie de récupération ou de ceux ayant une insuffisance musculaire ou une paralysie, cette édition inclut une **nouvelle approche alternative à la mesure de la force musculaire** permettant une évaluation des capacités fonctionnelles, adaptée aux personnes âgées mais aussi à toute personne quel que soit son âge qui serait déconditionnée à l'effort ou en surpoids.

- Des **schémas accompagnés de flèches directionnelles** rendent facile à comprendre et à reproduire la pratique de l'évaluation manuelle de la force musculaire, de façon à permettre au lecteur de mettre en évidence les insuffisances de force, d'équilibre et d'amplitudes.
- **Plus de 600 schémas** montrent clairement les différentes séquences des tests d'évaluation, l'anatomie et l'innervation des muscles.
- Des détails sur l'anatomie et l'innervation des muscles aident à faire les liens entre la topographie et la fonction.
- Des conseils et des éventuelles compensations sous forme d'encadrés fournissent des informations supplémentaires et mettent en évidence les compensations et substitutions musculaires qui peuvent se produire au long d'une évaluation de façon à assurer une plus grande précision à tous les tests.

Chaque muscle est identifié par un numéro tout au long de l'ouvrage et ce numéro est indexé dans la liste alphabétique des muscles dans le chapitre *Guide des références anatomiques*. Cela permet une rapide identification croisée et aide le lecteur à repérer chaque muscle.

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