



Coloring Book For Men: Fishing Designs (Volume 5)

Art Therapy Coloring

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Fishing Coloring Book For Men

This fishing coloring book for men has pages upon pages of whimsical quotes about fishing framed with intricate background patterns that you can color in any palette you choose.

There are alluring zentangle illustrations of fish and other water animals for you to color, such as turtles, squids, sharks, octopuses, crabs, and a variety of seashells. Whether you love fishing in fresh water or salt water, there is a multitude of images that will feed your desire for fishing even when you're on dry land.

Good Things Come To Those Who Bait” “There's Always Time For One More Cast” “Doing What You Like is Freedom; Liking What You Do is Happiness.” These are just a few of the wise and inspirational quotes that you will find in *Coloring Book for Men: Fishing Designs*. If you are never happier than when you're out on the water with your line attached to your trusty bobber, this is the men's coloring book for you.

Coloring For Men

The common perception of coloring is that it is an activity that women do. That is certainly the impression that you get when you go into a bookstore and look at the adult coloring books on display. With coloring books filled with flowers, mandalas, and butterflies, it's no wonder that women are the ones who buy most of the adult coloring books.

Coloring can be enormously beneficial for both men and women. Cortisol is the “stress hormone”. Too much cortisol is not good for the body. Coloring reduces stress by lowering cortisol levels. Fishing does the same thing, but you can't be out on the water all of the time.

Why not grab an Art Therapy Coloring Book For Men that is designed specifically for men? *Coloring Book for Men: Fishing Designs* is the perfect choice! There are many fishing coloring pages that men will enjoy spending hours upon hours coloring. You can even color while you're waiting for the fish to bite! This coloring book for men makes a great Christmas or birthday gift for dads, sons, uncles, brothers, grandpas, or male friends!

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Bryan Lopez:

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Carl Vang:

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