

Adult Coloring Journal: Crystal Meth Anonymous (Turtle Illustrations, Color Burst)

Courtney Wegner

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Clinical Therapist, Courtney Wegner has carefully selected the illustrations and 12 Steps prompts in this interactive adult coloring journal for their meditative power to enhance the recovery of anyone engaged in a 12 Step program and to aid in their journey of self-discovery and an addiction free path to happiness. The 12 Step prompts contained here are an excellent tool and aid for anyone taking the 12 Steps. Features include:

- 80 lightly-lined writing pages provide plenty room to capture your thoughts
- 40 expression pages for jotting down personal reflections, quotes, poems or sketches
- 40 professionally illustrated adult coloring images of varying difficulty
- High quality 70# paper

Each topic is available in different coloring image themes and a wide array of beautiful covers



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From reader reviews:

Jere Araujo:

Spent a free time for you to be fun activity to perform! A lot of people spent their sparetime with their family, or their particular friends. Usually they performing activity like watching television, going to beach, or picnic in the park. They actually doing ditto every week. Do you feel it? Will you something different to fill your own personal free time/ holiday? Could possibly be reading a book might be option to fill your cost-free time/ holiday. The first thing you will ask may be what kinds of book that you should read. If you want to try look for book, may be the e-book untitled Adult Coloring Journal: Crystal Meth Anonymous (Turtle Illustrations, Color Burst) can be excellent book to read. May be it can be best activity to you.

Teresa Cook:

People live in this new moment of lifestyle always try and and must have the free time or they will get large amount of stress from both day to day life and work. So, if we ask do people have extra time, we will say absolutely sure. People is human not really a robot. Then we inquire again, what kind of activity are you experiencing when the spare time coming to you of course your answer can unlimited right. Then do you try this one, reading publications. It can be your alternative throughout spending your spare time, the particular book you have read is Adult Coloring Journal: Crystal Meth Anonymous (Turtle Illustrations, Color Burst).

Andrea Lampkin:

Many people spending their period by playing outside together with friends, fun activity with family or just watching TV all day long. You can have new activity to invest your whole day by studying a book. Ugh, do you consider reading a book can definitely hard because you have to accept the book everywhere? It alright you can have the e-book, getting everywhere you want in your Smart phone. Like Adult Coloring Journal: Crystal Meth Anonymous (Turtle Illustrations, Color Burst) which is getting the e-book version. So, why not try out this book? Let's see.

Sandra Black:

As we know that book is very important thing to add our expertise for everything. By a book we can know everything we want. A book is a set of written, printed, illustrated or blank sheet. Every year ended up being exactly added. This publication Adult Coloring Journal: Crystal Meth Anonymous (Turtle Illustrations, Color Burst) was filled regarding science. Spend your extra time to add your knowledge about your science competence. Some people has several feel when they reading a book. If you know how big advantage of a book, you can sense enjoy to read a publication. In the modern era like now, many ways to get book that you simply wanted.

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