

# The Path to Stress-Free Nursing Professional Development

HCPro, Adrianne E. Avillion DEd RN

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### The Path to Stress-Free Nursing Professional Development

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Practical advice to solve your most common problems

'How do I engage resistant learners?'

'How can I cover all the mandatory topics while getting orientation done faster?'

'How do I show that my education and training programs have a link to job performance and patient outcomes?'

Sound familiar? These are some of the most ever present challenges for staff development professionals and unit-based educators. *The Path to Stress-Free Nursing Professional Development* offers quick, practical advice from experts who have been there. Author and veteran nursing professional Adrianne E. Avillion, DEd, RN, and contributing author Barbara A. Brunt, MA, MN, RN-BC, NE-BC, condense their years of knowledge and experience into easy-to-implement strategies that will guide you through your NPD efforts no matter your background or experience reducing your stress, saving time, and making your job easier.

Unlike anything else on the market, this book gives you instant solutions and quick tips you can use immediately.

### **Benefits:**

- Priceless teaching tips from top nursing educators practicing in the field today
- Handy, concise format that allows for quick topic lookup
- Complements any staff development program
- Perfect resource for new educators or unit-based trainers who need no-nonsense information fast

### **Topics:**

### **Education and Training**

Tips to facilitate orientation, deal with disruptive learners, enhance attendance, and more!

### Communication

Practical strategies to resolve conflict, improve communication, and reduce the incidence of horizontal violence.

### Nurturing the professional growth and development of nursing professional development (NPD) specialists

Career advancement strategies, tips for taking the professional development certification exam, practical suggestions for writing for publication, and additional ideas for NPD professional growth.

### **NPD Administrative Issues**

Tips for writing NPD job descriptions, how to differentiate between an education need and a systems problem, understanding regulatory issues, and evaluating the impact of education on job performance and patient outcomes!



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